

Skuleberget

BIGTM5

UPHILL PATHS

CHALLENGE

The 4th Skuleberget #BIG5 Uphills Challenge [SPRING EDITION] consists to run across all five uphill segments - the "Lynx," the "Elk," the "Bear," the "Eagle," and the "Fox", in a single session, beginning and ending on the same day.

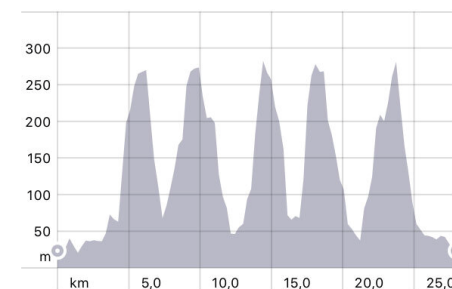
It is open to everyone (with no time limits, no cash fee, and no formal registration).

Runners approach the mountain with the same purpose: to have fun together along its trails.

There is no right or wrong timing, nor is there a proper or incorrect pace. You are the one who determines what the intensity is to face the challenge.

The challenge has a course length of approximately 25 kilometers and a positive gap of approximately 1.500 meters.

In order for the challenge to be considered valid it must be completed by at least two athletes.



get more info

This is the program:

WHERE: **SKULEBERGET MOUNTAIN** - 87396 Docksta, Västernorrland, Sweden

WHEN: Saturday, **25 MAY 2024**

START: **10:00 a.m.** We meet at the parking area of the Naturum shortly before, around 09:30

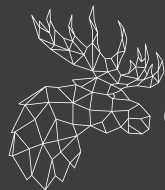
AFTER-CHALLENGE: **#BIG5 "THIRD TIME"**

As you finish running, **we are waiting for you at the #BIG5 after-challenge**, where participants and guests are coming to meet together to share and celebrate the experience. The event **that take place at the marina club house in Docksta** includes snacks and drinks of a frindly fika, parking, and a service house for changing and showering. By car, the marina is just a few minutes from Naturum.

Join us in this epic adventure!

For any inquiries about the challenge, feel free to contact me:
Tommaso De Rosa +46 (0)76.3136909 (WhatsApp too)
Tominthehighcoast@gmail.com

Search the #BIG5 segments and join the High Coast Runner club on STRAVA.COM: you are welcome in the group!



Skule
elk
VÄSTRA
STIGEN
2.2km D+211m



Skule
lynx
NORRA
STIGEN
1.8km D+227m



Skule
bear
SLALOMBACKEN
STIGEN
1.3km D+211m



Skule
fox
SÖDRA
STIGEN
2.2km D+224m



Skule
eagle
GRÖTTAN
STIGEN
0.8km D+213m